



## CHESTY FORTE SOLUBLE TABLETS

Bromhexine hydrochloride

### What is in this leaflet

This leaflet answers some common questions about Bisolvon Chesty Forte Soluble Tablets. It does not contain all available information, nor does it take the place of talking to your doctor or pharmacist. This leaflet was last updated on the date at the end of this leaflet. More recent information may be available. The latest Consumer Medicine Information is available from your pharmacist, doctor, or from [www.medicines.org.au](http://www.medicines.org.au) and may contain important information about the medicine and its use of which you should be aware. **Keep this information with your Bisolvon Chesty Forte Soluble Tablets.** You may need to read it again later.

**To find out more about Bisolvon Chesty Forte Soluble Tablets:** You should ask your doctor or pharmacist if you have any questions about Bisolvon Chesty Forte Soluble Tablets, or if you have any trouble before, during or after using Bisolvon Chesty Forte Soluble Tablets.

### What Bisolvon Chesty Forte Soluble Tablets are used for

Bisolvon Chesty Forte Soluble Tablets are used in conditions where breathing is difficult because there are a lot of secretions (also referred to as mucus) in your air passages. Such conditions include:

- common cold
- flu
- infections of the respiratory tract.

Bisolvon Chesty Forte Soluble Tablets contain bromhexine hydrochloride, which thins and loosens mucus to help clear stubborn chest congestion. Relieves chesty coughs and breathing difficulties due to excess mucus in cold, flu and respiratory tract infections.

### Before you take Bisolvon Chesty Forte Soluble Tablets

**When you must not take Bisolvon Chesty Forte Soluble Tablets**  
**Do not take Bisolvon Chesty Forte Soluble Tablets if you are allergic to bromhexine or to any of the other ingredients in Bisolvon Chesty Forte Soluble Tablets.**

These ingredients are listed in full at the end of this leaflet (see Ingredients).

**Do not take Bisolvon Chesty Forte Soluble Tablets if you have, or have had fructose intolerance.**

The maximum recommended adult daily dose of Bisolvon Chesty Forte Soluble Tablets contains 31.6 mg of sucrose.

**If you are not sure if you have these allergies or this condition, you should raise those concerns with your doctor or pharmacist.**

**Do not use Bisolvon Chesty products in children under 6 years of age (see Children).**

**Do not take Bisolvon Chesty Forte Soluble Tablets after the EXPIRY DATE on the carton or container.**

If you take this medicine after the expiry date, it may not work as well.

**Do not take Bisolvon Chesty Forte Soluble Tablets if the packaging is torn or shows signs of tampering.**

**Before you start to take Bisolvon Chesty Forte Soluble Tablets**  
**If you have a persistent or chronic cough such as coughs occurring with smoking, asthma, chronic bronchitis, emphysema or cough accompanied by excess phlegm, consult your doctor before taking Bisolvon Chesty Forte Soluble Tablets.**

**Before taking Bisolvon Chesty Forte Soluble Tablets, you must tell your doctor or pharmacist if you have, or have had any of the following conditions:**

- liver problems
- kidney problems
- stomach ulcers.

If you are not sure if you have, or have had any of these conditions, you should raise those concerns with your doctor or pharmacist.

**Before taking Bisolvon Chesty Forte Soluble Tablets, it is important to tell your doctor or pharmacist if you are taking any other medicines, obtained with or without a doctor's prescription.**

These include medicines that you buy from a supermarket or health food shop.

Bisolvon Chesty Forte Soluble Tablets may increase the amount of antibiotic penetration. Antibiotics are medicines used to treat infections.

### Pregnancy

**Ask for your doctor's advice if you are pregnant, or likely to become pregnant during your course of medication.**

Special care is recommended during pregnancy. The benefits of Bisolvon Chesty Forte Soluble Tablets must be assessed against any risks. Your doctor will discuss the risks and benefits of using Bisolvon Chesty Forte Soluble Tablets while you are pregnant.

The use of Bisolvon Chesty Forte Soluble Tablets during the first trimester is not recommended.

### Breastfeeding

**Ask for your doctor's advice if you are breastfeeding, or likely to breastfeed during your course of medication.**

Bisolvon Chesty Forte Soluble Tablets are expected to enter the breast milk.

**It is not recommended that Bisolvon Chesty Forte Soluble Tablets be taken by women who are breastfeeding.**

### Children

**Do not use Bisolvon Chesty Forte Soluble Tablets in children under 12 years of age.**

Bisolvon Chesty Oral Liquid, Bisolvon Chesty Forte Oral Liquid and Bisolvon Chesty Tablets are available for children between 6 and 11 years of age. Do not use Bisolvon Chesty Oral Liquid, Bisolvon Chesty Forte Oral Liquid or Bisolvon Chesty Tablets in children under 6 years.

### Taking Bisolvon Chesty Forte Soluble Tablets

#### How to take Bisolvon Chesty Forte Soluble Tablets

**Place your Bisolvon Chesty Forte Soluble Tablet(s) in a mug or glass of hot or cold water. Stir until dissolved and drink immediately.**

#### Recommended dose

The recommended dose for Bisolvon Chesty Forte Soluble Tablets is:

**Adults and children over 12 years:**

1 tablet three times a day when necessary.

This dose can be increased to 2 tablets three times a day for the first 7 days.

**Ask your doctor or pharmacist for more information if you have been advised to take a different dose.**

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## If you have taken too much Bisolvon Chesty Forte Soluble Tablets

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Immediately telephone your doctor, pharmacist or the Poisons Information Centre (telephone 13 11 26 in Australia) if you think you or anyone else may have taken too much Bisolvon Chesty Forte Soluble Tablets.

Do this even if there are no signs of discomfort or poisoning.

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## While you are taking Bisolvon Chesty Forte Soluble Tablets

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When you take Bisolvon Chesty Forte Soluble Tablets, you may notice an increase in thin watery mucus from your air passages. This is common when you take Bisolvon Chesty Forte Soluble Tablets and is due to the way Bisolvon Chesty Forte Soluble Tablets works, helping to remove mucus by making it easier to cough up.

### Things you must do

**If your symptoms persist, you should contact your doctor or pharmacist for further advice.**

Your doctor or pharmacist will assess your condition and decide if you should continue to take Bisolvon Chesty Forte Soluble Tablets or if a new treatment plan is needed.

**Stop taking Bisolvon Chesty Forte Soluble Tablets and contact your doctor immediately if you experience any skin reaction with severe blisters and bleeding in the lips, eyes, mouth, nose or genitals. These may be symptoms of a severe allergic reaction that requires urgent medical attention.**

There have been very rare reports of severe skin reactions such as Stevens-Johnson Syndrome and Lyell's Syndrome with products containing bromhexine.

### Effects on ability to drive or operate machinery

When used as recommended, and when there are no side effects, Bisolvon Chesty Forte Soluble Tablets are not known to have any effect on the ability to drive or operate machinery.

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## Side effects

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All medicines carry some risks and all possible risks may not be known at this stage despite thorough testing.

**Ask for the advice of your doctor or pharmacist if you have any concerns about the effects of taking Bisolvon Chesty Forte Soluble Tablets.**

Side effects from Bisolvon Chesty Forte Soluble Tablets include:

- nausea
- diarrhoea
- vomiting
- stomach pain
- other mild stomach problems
- headache
- dizziness
- sweating
- temporary rise in some liver enzyme levels.

Serious allergic reactions have occurred with the use of Bisolvon Chesty Forte Soluble Tablets. Symptoms of allergic reactions may include:

- skin rashes, including pinkish, itchy swellings (also called hives)
- difficulty in breathing
- swelling of the face, lips, mouth, tongue or throat which may cause difficulty swallowing or breathing.

Tell your doctor or pharmacist as soon as possible if you experience any side effects during or after taking Bisolvon Chesty Forte Soluble Tablets, so that these may be properly treated.

In addition, unexpected effects, not listed above, can occur with any medicine.

You should tell your doctor or pharmacist if you notice anything unusual, during or after taking Bisolvon Chesty Forte Soluble Tablets.

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## After taking Bisolvon Chesty Forte Soluble Tablets

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### Storage

Bisolvon Chesty Forte Soluble Tablets should be kept in a cool dry place where the temperature stays below 30°C. Do not store in direct sunlight or heat.

For example, do not leave it in the car on hot days.

Keep Bisolvon Chesty Forte Soluble Tablets where children cannot reach it.

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## Product Description

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### What is Bisolvon Chesty Forte Soluble Tablets

Bisolvon Chesty is the brand name of your medicine. The tablets are square, cushion-shaped, shallowly convex, beige-yellow tablets with rounded edges and orange dots.

Bisolvon Chesty Forte Soluble Tablets are available in blister packs of 32 tablets. Each carton is labelled with the Australian Registration Number AUST R 158944.

### Ingredients

Each Bisolvon Chesty Forte Soluble Tablet contains bromhexine hydrochloride 8 mg.

Bisolvon Chesty Forte Soluble Tablets also contain the following ingredients:

- microcrystalline cellulose
- crospovidone
- tartaric acid
- acesulfame potassium
- macrogol 6000
- fumaric acid
- purified talc.

Bisolvon Chesty Forte Soluble Tablets contain the following proprietary ingredients:

- Lemon Flavour 84260-51,
- Peppermint Naefco 957675 (peppermint flavour)
- Betacarotene 1% (beta-carotene).

### Manufacturer

Bisolvon Chesty Forte Soluble Tablets are made in France. Bisolvon Chesty Forte Soluble Tablets are supplied in Australia by:  
**Boehringer Ingelheim Pty Limited**  
ABN 52 000 452 308  
78 Waterloo Road  
North Ryde NSW 2113

This leaflet was revised in December 2012.

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